inner MENU

APPETIZERS

Popcorn Chicken 10 Served with choice of honey mustard or sweet and sour sauce.

Crispy Fried Dusted Calamari 16 Served with creamy ranch dip.

Crispy Cajun Popcorn Shrimp 18 Irresistibly crispy Cajun

popcorn shrimp, paired with zesty lemon citrus mayonnaise. Other flavours available: Nashville hot, S&P, lemon pepper and cayenne.

Chicken Wings (*) 6 20 Choice of hot, honey garlic, buffalo, BBQ or S&P.

Bearspaw

Nachos (*) * Half 15 Full 22 Jalapeños, pickled Jalapeños, nacho cheese, black olives, diced tomatoes and green onions. Served with sour cream and fire roasted salsa.

Add guacamole 3, pulled pork 5, chicken 7, ground beef 6, shrimp 9, sirloin 15

PASTA

Seafood

Linguine # Half 14 Full 28 Fresh Atlantic mussels, scallops, prawns and Arrabbiata sauce.

Add chicken 7, ground beef 6, shrimp 9, sirloin 15

Pasta

Carbonara 🖠 22

A classic Italian dish crispy pancetta, creamy egg sauce and Parmigiano-Reggiano. Garnished with fresh parsley.

Spaghetti & Meatballs

22

22

Spaghetti tossed in a rich marinara sauce served with meatballs. Topped with freshly grated parmesan.

PIZZA

BBQ Chicken \$

Smoky BBQ sauce, fresh seasonal peppers and onions.

The

New Yorker # 7 22

Spicy pepperoni and mozzarella.

BYOS & BYOP are still available! Just ask your server or take a look at the feature card in the table talker on your table for the latest options!

Please let your server know of any allergies or preferences.

Automatic Club Charge; Members 18% Non-Members 20% Credit Card use 2.4% • BGC is a cashless facility









ENTREES

Pork Ramen 🖠

21

A flavourful bowl of rich broth, tender slices of slow-cooked pork belly and perfectly cooked ramen noodles. Topped with fresh green onions, a soft-boiled egg and a hint of sesame oil.

Asian Noodle Bowl

25

25

45

45

Savoury, spicy Shanghai noodles tossed with seasonal vegetables in a Hoisin garlic sauce, topped with fresh herbs and seared chicken.

Blackened Chicken Skewers with Rice Pilaf

Juicy, spice-seasoned chicken skewers served with flavourful rice pilaf.

Grilled Mahi Mahi with Lemon, Saffron Basmati Rice & Roasted Broccolini 🏈

A beautifully grilled mahi mahi fillet with zesty lemon. Accompanied by fluffy saffron basmati rice and roasted broccolini. This dish offers a light, yet flavourful option, which celebrates fresh seafood.

Braised Beef Short Rib

8-hour braised beef short rib with garlic mash, sautéed bell peppers and asparagus, topped with a red wine reduction sauce.

Land & Sea 🛞

Alberta 10 oz flat iron steak grilled to perfection, paired with garlic scallops, seasonal vegetables and garlic mash.

