


# Gluten Free MENU

## APPETIZERS



**Garlic Crostini with Bruschetta**   7  
Crispy baguette drizzled with fragrant garlic oil, topped with a fresh tomatoes, and olive bruschetta.



**Chicken Wings**   20  
Choice of hot, honey garlic, buffalo, BBQ or S&P.


**Bearspaw Nachos**  Half 15 Full 22  
Jalapeños, pickled Jalapeños, nacho cheese, black olives, diced tomatoes and green onions. Served with sour cream and fire roasted salsa.

*Add guacamole 3, chicken 7, ground beef 6, shrimp 9, sirloin 15,*


## SALADS



**Bearspaw Artisan Greens**   Half 8 Full 12  
Artisan greens topped with shaved cucumbers, carrots, cherry tomatoes, radish, toasted pine nuts and feta with balsamic vinaigrette.

**Caesar Salad**   Half 9 Full 14  
Hearts of romaine, creamy Caesar dressing, crispy bacon and shaved parmesan.


**Cobb Salad**  Half 13 Full 23  
Hearts of romaine, blue cheese dressing, hard boiled eggs, crispy bacon, shredded chicken, cherry tomatoes, red onion and avocado.

*Add chicken 7, ground beef 6, shrimp 9, sirloin 15*


**Ahi Tuna Poke Bowl**  Half 14 Full 24  
Seasoned cauliflower rice, cucumber, avocado, edamame, pickled ginger, purple cabbage, wakame, ponzu dressing with goma drizzle and crispy onions.

**Burrata and Arugula Salad with Strawberries & Balsamic Glaze**   Half 14 Full 25  
A refreshing salad featuring creamy burrata cheese nestled atop a bed of peppery arugula with sweet strawberries and finished with a drizzle of balsamic glaze.

## BAR CASUAL

**B.Y.O.S.**  Half 10 Full 15  
Proteins: ham, turkey, sliced roast beef, tuna salad, egg salad or Montreal smoked beef brisket.  
Vegetables: sliced tomatoes, lettuce, red onions, pickles.  
Condiments: mayo, pesto mayo, yellow mustard, Dijon mustard, sauerkraut, Thousand Island dressing and choice of cheese.

**Beef Dip**  20  
The BEST beef dip sliders! Slow roasted CAB beef, topped with caramelized onions and au jus for dipping.

**The Paw Signature Wagyu Burger**  25  
6oz wagyu beef patty, bacon, lettuce, tomato, onion rings, cheddar and swiss cheese with our signature whiskey BBQ sauce on a gluten-free bun.

*All bar casual dishes come with your choice of salad, fries and cup of soup.*

*Add yam fries 3, truffle parm fries 5, poutine 5*

*Please let your server know of any allergies or preferences.*

*Automatic Club Charge; Members 18% Non-Members 20% Credit Card use 2.4% BGC is a cashless facility*



Gluten Free



Gluten Free Available



Vegetarian



Bearspaw Staple

## PASTA AVAILABLE FROM 5 PM

### Seafood Linguine 🌿 Half 14 Full 28

Fresh Atlantic mussels, scallops, prawns and arrabbiata sauce on gluten-free pasta.

*Add chicken 7, ground beef 6, shrimp 9, sirloin 15*

## ENTREES AVAILABLE FROM 5 PM

### Butter Chicken 🌿 25

Boneless tandoori chicken, creamy tomato butter sauce with Safron rice and garlic butter naan.

### Grilled Mahi Mahi with Lemon, Safron Basmati Rice & Roasted Broccolini 🌿 35

A beautifully grilled mahi mahi fillet with zesty lemon. Accompanied by fluffy safron basmati rice and roasted broccolini. This dish offers a light, yet flavourful option, which celebrates fresh seafood.

*All dinner entrées come with seasonal vegetables and your choice of either garlic mashed potatoes or Rice Pilaf.*

## PIZZA AVAILABLE FROM 5 PM

### BBQ Chicken 🌿 22

Smoky BBQ sauce, fresh seasonal peppers and onions.

### The New Yorker 🌿 22

Spicy pepperoni and mozzarella.

### B.Y.O.P 🌿 25

Up to four toppings: pepperoni, shredded chicken, ground beef, shaved ham, shrimp, mushroom, pineapple, seasonal peppers, diced tomatoes, sundried tomatoes, black olives, onions, fresh basil, feta cheese and bocconcini cheese.

*Add extra chicken 7, extra ground beef 6, shrimp 9, sirloin 15*

## DESSERT

### Angel Food Cake with Mixed Berries Compote 🌿 8

Light and airy angel food cake served with a fragrant compote of mixed berries.

### Spiced Marmalade

### Honey Cake 🌿 12

Spiced Marmalade Honey Cake is a delightful and moist dessert that combines the rich flavors of honey and zesty marmalade. The honey, sourced from the golf course, adds a unique natural sweetness.

### Warm Apple Crumble with Ice Cream 🌿 12

Spiced apple filling topped with a crunchy gluten-free crumble served with a generous scoop of vanilla ice cream.

