

# Breakfast MENU

MONDAY TO FRIDAY 11 AM TO 2 PM  
SATURDAY AND SUNDAY 9 AM TO 2 PM

<b>Papa Bear Breakfast</b> 18 three eggs, any style 3 bacon   3 maple sausage.	<b>Healthy Start</b> 16 bagel avocado toast wedge, 2 poached eggs with a choice of house green salad or seasonal fresh fruits
<b>Mama Bear Breakfast</b> 16 two eggs, any style 2 bacon   2 maple sausage.	<b>Bearspaw BELT Sandwich</b> 14 choice of bread, lettuce, tomato, 2 bacon, 2 fried eggs
<b>Classic Eggs Benedict</b> 16 two poached eggs on a toasted English muffin, black forest ham, topped with Hollandaise	<b>French Toast</b> 14 served with berries compote, fresh whipped cream and Canadian Maple Syrup
<b>Three Eggs Cheese Omelet</b> 18 choice of three fillings: Black Forrest ham, mushrooms, onions, tomatoes, peppers, green onions, and chorizo sausage with crispy hashbrowns	

## ALL BREAKFAST ITEMS SERVED WITH

Choice of toast, fresh seasonal fruits or with country style diced potatoes

Toast Choices: white, whole wheat, sourdough, marble rye.

**Additional charge for GF toast (2)**

*Please let your server know of any allergies or preferences.*

*Automatic Club Charge; Members 18% Non-Members 20%  
Credit Card use 3% • BGC is a cashless facility*

